

This Is Me: *Connection*

Virtual exhibition exploring 'Connection'
Submission deadline: 21st May

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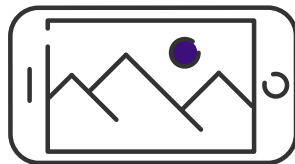
Please note: All photos of submissions will be displayed in the 'This Is Me: Connection' online exhibition hosted on The ClementJames Centre's website. This exhibition is open to adults, children and young people. Therefore, all work submitted must be appropriate to be seen by viewers of any age. ClementJames reserves the right to withhold your piece of work from the exhibition if it is deemed unsuitable for all ages. This is at the discretion of ClementJames staff and will be handled on a case by case basis.

By submitting your work online, you give consent for your work to be shared in an online exhibition hosted by The ClementJames Centre and for your work to be shared on The ClementJames Centre's social media platforms including, but not limited to, Facebook, Twitter, Instagram and The ClementJames Centre's website as well as third party organisations for promotional purposes.

How to get involved

Create piece on the theme of 'This Is Me: Connection'! It could be a painting, sculpture, dance, junk model, recipe, poem...
The options are endless!

Take a picture of your creation
*include your name if you would like it to be shared alongside your work



Submit your work through this form:
<https://forms.gle/pz9UA7VWhDv1B86G6>



See your artwork exhibited with other participants from the CJ community!



Connection: the state of being related to someone or something else; the state of being joined or connected in some way

Inspiration

Activity 1: Creative Writing

Try writing a creative piece to explore what connection means or looks like to you. It could be a short story, a poem, or (if you have the time) a book!

There's no right or wrong way to write. Think about what connection means to you and how you connect to the people, places or things in your life. If you're having some difficulty, maybe you could try recording what you want to say and writing it down afterwards?

What does connection mean to you?

What do you most associate connection with?

What makes you feel connected?

What makes you feel disconnected?

How has the pandemic changed how you feel about connection?

What or who do you connect with the most?

Is connection important to you? Why/why not?

Activity 2: Recipe Sharing

Maybe cooking makes you feel connected. Food make us feel connected to so many things; home, family, friends, culture, history...

Try writing out your recipe and taking a picture of it to submit it to us. We'd also love to see your dish and hear why you've chosen this particular recipe. Maybe it's a sharing dish you'd have for a birthday or another celebration. Recipes are a great way to connect - maybe you could call someone while you're making it or teach someone else to make it - virtually or in person!



Activity 3: Collage



We love collage at ClementJames! It's such a simple and sustainable way of creating a wonderful piece of art.

To take part in this activity, you will need the following (but feel free to mix and match your resources):

- Paper, magazines, newspapers, fabric, scissors and glue

- 1. Have a look through magazines and newspapers to find images and/or words that resonate with you. What images and words do you associate with connection?
- 2. Cut or rip them out and start to arrange them on your sheet of paper.
- 3. Then, when you are happy with your arrangement, stick them down.
- 4. You might want to add texture. If you have any fabric, you can use this to do so.

Remember! There's no right or wrong way to make a collage. It's something personal to you and can look any way you want it to look.

Activity 4: Remote Connectivity

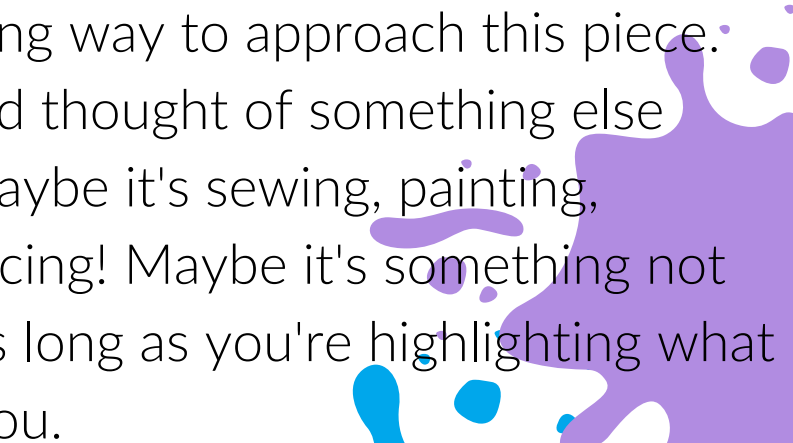
We've all been finding ways of connecting while not being able to see one another - sending letters and emails, texting, video calling, phone calling... Why not use this as inspiration for your connection piece? Maybe you could act out a play on Zoom or a telephone piece or create a postcard design that you could send to a friend!

Resources and materials:

- [Canva is a free graphic design website](#) (link) that can allow you to create images to send virtually or in person
- Call someone and create something together virtually - you could write a story or a poem
- Maybe pen and paper is all you want to use - you could write a postcard to someone you know with your own hand-drawn design

Activity 5: CREATE!

There's no right or wrong way to approach this piece. Maybe you saw this and thought of something else you'd like to create - maybe it's sewing, painting, drawing, singing or dancing! Maybe it's something not listed. Anything goes as long as you're highlighting what connection means to you.



LAUGHING FAMILY STRUCTURE **FOOD**
FRIENDS ART CHALLENGES MEMORIES
SUNSET EXERCISE RELAXING **FAITH**
YOGA **GAMING** NATURE SINGING
DANCING **PAINTING** BAKING SHARING
PARKS VISUALISATION PRAYING **JOY**
TOUCH **ZOOM** REMINISCING **SECRETS**
THE INTERNET CAMPAIGNING SOCIAL
MEDIA THE SEA TRAVELLING PLAYING
HELPING **READING** LISTENING CARING
USING MY PHONE **WRITING** CREATING
MEDITATION SPORTS **WALKING**
PHOTOGRAPHS TRYING NEW THINGS
THE GARDEN **PARKS** VOLUNTEERING
LEARNING SMILING **FOOTBALL** BEING
PART OF SOMETHING BIGGER THAN
ME PATTERNS MAKING DECISIONS
FEELING EXCITED STORYTELLING

What does connection mean to you?

